Mid Coast Hospital’s Addiction Resource Center (ARC) is nationally recognized for high quality, confidential treatment for drug and alcohol addiction.

The highly-trained ARC staff is friendly, easily approachable, and available whenever assistance is needed—every call is answered, and no one is ever turned away.

**TWO LOCATIONS**

**Addiction Resource Center—Brunswick**
66 Baribeau Drive, Brunswick, Maine 04011
Walk-in Monday through Friday, 8 a.m. to 4 p.m., or call TOLL FREE: 1-800-244-3805 anytime.

**Addiction Resource Center—Damariscotta**
20 Bristol Road, Damariscotta, Maine 04543
Walk-in Monday through Thursday, 8 a.m. to 4 p.m.
(207) 563-2314
History of Success
With two locations in Brunswick and Damariscotta, Maine, we have been supporting the community’s addiction treatment needs for more than 30 years. We have a proven history of helping individuals overcome challenges of alcohol and drug use, with results in the top 2% of nationally reported outcomes.

Comprehensive Treatment
We conduct a complete assessment with every client and tailor treatment recommendations to the needs of each person. This customized treatment plan includes a variety of different approaches to ensure the best possible outcome for each individual.

Our comprehensive services include:
- Individual, family, and group counseling
- Intensive outpatient programs
- Relapse prevention
- Medication assisted treatment
- Family intervention
- Risk-reduction programs for parents and teens
- Support for pregnant women and new mothers with substance abuse problems
- Mental health counseling
- Individualized treatment planning
- Prevention services
- Recovery coaching
- Adolescent treatment

Learn more at
www.midcoasthealth.com/addiction