

 MID COAST HOSPITAL  
**Addiction Resource Center**  
*We're Here for You!*

Mid Coast Hospital's **Addiction Resource Center** (ARC) is nationally recognized for high quality, confidential treatment for drug and alcohol addiction.

The **highly-trained ARC staff is friendly**, easily approachable, and available whenever assistance is needed—every call is answered, and no one is ever turned away.



**FREE CONSULTATION**

Walk-in Monday through Friday,  
8 a.m. to 4 p.m., or call  
**TOLL FREE: 1-800-244-3805** anytime.

**TWO LOCATIONS**

**Addiction Resource Center—*Brunswick***

66 Baribeau Drive, Brunswick, Maine 04011

**Addiction Resource Center—*Damariscotta***

20 Bristol Road, Damariscotta, Maine 04543

## History of Success

With two locations in Brunswick and Damariscotta, Maine, we have been supporting the community's addiction treatment needs for more than 30 years. We have a proven history of helping individuals overcome challenges of alcohol and drug use, with results in the top 2% of nationally reported outcomes.

## Individualized Care

We know that one approach doesn't work for everyone. So we conduct a complete assessment with every client and tailor treatment recommendations to the needs of each person. This customized approach improves outcomes while focusing on the health of each individual.

### *Our comprehensive services include:*

- Individual, family, and group counseling
- Intensive outpatient programs
- Relapse prevention
- Medication assisted treatment
- Family intervention
- Risk-reduction programs for parents and teens
- Support for pregnant women and new mothers with substance abuse problems
- Mental health counseling
- Individualized treatment planning
- Prevention services

### *Learn more at*

[www.midcoasthealth.com/addiction](http://www.midcoasthealth.com/addiction)