

When to use the Walk-In Clinic vs. the Emergency Department.



MID COAST HOSPITAL Walk-In Clinic

22 Downtown Station, Brunswick
Open 8a.m.-7p.m. Everyday • (207)406-7500

FAST, EXPERT CARE FOR MINOR MEDICAL PROBLEMS, SUCH AS:

- Sports or recreational related injuries, sprains, strains, or simple fractures
- Joint or muscular pain
- Animal bites, puncture wounds, cellulitis, skin infections, abscesses, bruises, scrapes, rashes, and other skin irritations
- Minor injuries requiring bandaging or stitches
- Minor burns and cuts (lacerations requiring stitches)
- Wound checks
- Insect bites, stings, tick removal
- Upper respiratory, chest, cold or flu-like symptoms
- Mild asthma symptoms
- Sore throat, strep throat treatment
- Ear infection, ear aches, or pink eye
- Minor head injury (without loss of consciousness)
- Urinary discomfort or bladder infection (UTI)
- Symptomatic STD treatment (STD screening is not offered unless symptoms are present)



MID COAST HOSPITAL Emergency

123 Medical Center Drive, Brunswick
Open 24/7 • (207)373-6000

24 HOUR MEDICAL CARE FOR URGENT HEALTH NEEDS, SUCH AS:

- Chest pain, difficulty breathing, or shortness of breath
- Serious or severe injuries, burns, electrical shock, contamination, trauma
- Broken bones
- Uncontrolled bleeding
- Vaginal bleeding during pregnancy
- Coughing or vomiting blood
- Altered mental state (confusion)
- Suicidal thoughts or feelings
- Stroke symptoms (see list in box below)
- Seizure
- Weakness / Dizziness / Fainting / Unconsciousness
- Poison ingestion or overdose
- Severe vomiting or suspected food poisoning
- Abdominal pain
- When the Walk-In Clinic is closed



Call 911

IN CASE OF LIFE-THREATENING EMERGENCIES please call **911** for the nearest local Emergency Medical Services (EMS). EMS teams can save lives in critical situations.

SIGNS OF A HEART ATTACK

Pressure, tightness or pain in chest or upper body, shortness of breath, sweating, nausea or light-headedness.

SIGNS OF A STROKE

Sudden numbness or weakness in the face, arms, or legs, and/or trouble speaking, understanding or walking, especially if symptoms are only on one side of the body.

SUDDEN LOSS OF RESPONSIVENESS

When someone is unable to respond to noise or body contact. Person might be breathing or not breathing.



MID COAST HOSPITAL

WWW.MIDCOASTHEALTH.COM