

Summer Vegetable Salad

- 1 12-ounce package organic yellow sweet corn, frozen
 - 1 12-ounce package organic soy or edamame beans, frozen
 - 2/3 cup celery, finely chopped
 - 1/3 cup green onions, finely sliced
 - 1 red pepper, cubed
 - 5 tbsp fresh lemon juice
 - 1 ½ tsp honey
 - 1 ¼ tsp salt
 - 1 tbsp fresh parsley, finely chopped
 - 1 clove garlic, pressed
 - 1/8 tsp dill
 - ¼ tsp sweet basil
1. Combine corn, soy/edamame beans, celery, onions, and pepper in a bowl.
 2. To make the dressing, in a separate bowl, combine lemon juice, honey, salt, parsley, garlic, dill, and basil.
 3. Stir or shake dressing well.
 4. Add dressing to vegetables, then chill salad before serving.

If there are other crunchy vegetables in season, incorporate them into the salad to add a delicious seasonal flavor.