The **Spiritual Care** Program

**Spiritual support is available for all** patients at Mid Coast Hospital, as well as for their families and hospital staff.

This program involves trained volunteers who are on-call 24-hours-a-day and who provide spiritual support for persons from all different faith groups, as well as those who have no affiliation or religious tradition.

Our spiritual care volunteers are committed to serving you and your family in a way that is respectful, sensitive, confidential, and supportive of your personal beliefs.

Spiritual care volunteers receive special training to provide spiritual support and comfort for you and your loved ones.

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**Patients, family, and friends are also welcome to avail themselves of Mid Coast Hospital’s Meditation Area.**

Situated on the second floor at the top of the Grand Stairway, the elliptical room offers a place of quietude, an “eddy in the stream” where one can reflect and renew.

Inspiration can be drawn from its wall hangings and volume of verse.

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**TO REQUEST A VISIT by a spiritual care volunteer,**
speak to your nurse or physician, or call the

**Spiritual Care Program**

(207) **373-6378.**

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**MID COAST HOSPITAL**

Spiritual Care Program
123 Medical Center Drive, Brunswick, Maine 04011

(207) **373-6378**

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**Providing spiritual care for those served by MID COAST HOSPITAL**

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A **Spiritual Care** Program
What Spiritual Care Volunteers can do for you

By their presence and empathy, spiritual care volunteers are a powerful reminder of the healing, sustaining, guiding, and reconciling power of faith.

They come alongside to be a supportive presence for you during your stay here at Mid Coast Hospital.

They listen to you, to your stories, to your hurts, to your concerns, and to your joys. Often there is healing in being heard.

They do not preach to you, nor do they try to convert you or change your views. Instead, they seek to encourage you in your own beliefs, fostering and nourishing your own spiritual wellbeing.

They are able to pray with you, read scripture with you, and even provide spiritual counsel—but only if you want these services. They will be sensitive to your desires in these areas.

They can support you as you make difficult decisions, and as you cope with the challenges faced here at the hospital.

They can comfort you in times of grief, and rejoice with you when healing comes.

Spiritual care volunteers always seek to promote healing—the healing of body and spirit—as they share a compassionate presence in your life and in the lives of those who are dear to you.

They can be your advocate with other members of the hospital staff.

They can struggle along side you as you seek to make sense out of the things that are happening to you here.

They can help you reconnect with your own faith community, if you decide that is what you would like to do.

While they come from a wide variety of religious backgrounds, they seek to provide spiritual care for everyone in a manner which shows respect for other points of view and which is helpful for you and your family.

Spiritual care volunteers are committed to the mission of Mid Coast Hospital to provide “quality health-related services directed toward continually improving the health and wellbeing of the patients and communities we serve.”

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