

# Where to Go for Care

Call your primary care provider, even after hours, if you are unsure where to go.



## PRIMARY CARE OFFICE

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The go-to place for managing your health care. Your primary care provider knows your medical history best.

### OPEN: Weekdays

Some offices have early, late, and weekend appointments. Providers are always on call.

### GOOD FOR:

- Annual physicals
- Routine screenings
- Vaccines
- Sprains and strains
- Chronic conditions
- Medicine refills
- Colds and flu
- Anxiety and depression

 MID COAST HOSPITAL  
**Find A Doctor**

(207) 373-6033

WWW.MIDCOASTHEALTH.COM



## WALK-IN CLINIC

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Treatment for minor illnesses and injuries when you cannot wait for an appointment.

### OPEN: Everyday 8 a.m. to 7 p.m.

*(Except Thanksgiving and Christmas)*

### CHECK-IN ONLINE AT:

WWW.MIDCOASTHEALTH.COM/WALKIN

### GOOD FOR:

- Colds and flu
- Minor cuts and burns
- Sprains and strains
- Asthma
- Cuts requiring stitches
- Insect bites
- Ear aches
- Broken bones

 MID COAST HOSPITAL  
**Walk-In Clinic**

(207) 406-7500

22 Station Avenue, Brunswick



## EMERGENCY ROOM

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Immediate care for life-threatening conditions, including heart attack and stroke.

### OPEN: Always

### GOOD FOR:

- Fever in a child less than 3 months old
- Chest pain
- Shortness of breath
- Sudden numbness, weakness, or speech difficulty
- Severe belly pain
- Coughing or vomiting blood
- Uncontrolled bleeding
- Mental health crisis

 MID COAST HOSPITAL

123 Medical Center Drive, Brunswick  
or **CALL 911**